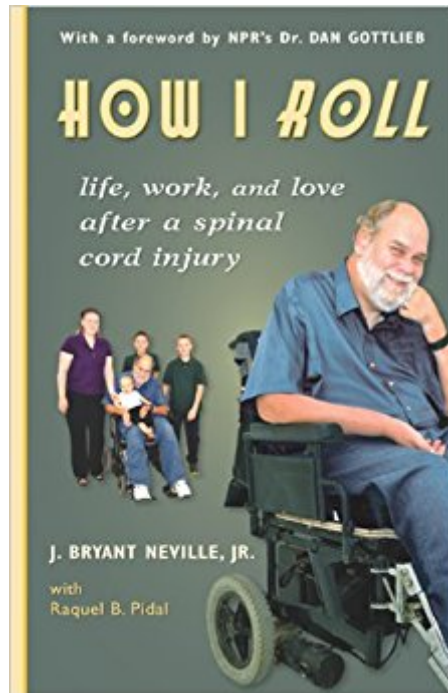


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# How I Roll: Life, Love, And Work After A Spinal Cord Injury



## Synopsis

An unflinching look at what it's like to be a quadriplegic.â Dan Gottlieb, PhD This is the inspiring story of a Virginia country boyâ J. Bryant Neville, Jr.â who became a quadriplegic thirty years ago after a car wreck, and how he refused to accept the medical sentence of a life unrealized. Hard work, devoted family, a caring community, and a determination to live as fiercely as his body would allow helped Bryant Neville earn two college degrees, become a respected banking executive, a loving husband and provider, an adoptive parent, and a biological father. Some 250,000 Americans live with spinal cord injury and impairment. On average, thirty more sustain a spinal cord injury every day. Bryant Neville's story is a beacon of hope for anyone facing a physical setback who needs proof that life can go on and dreams can be realized, and a guide for those who love and care for them.

## Book Information

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Average Customer Review: 4.7 out of 5 starsâ See all reviewsâ (60 customer reviews)

Best Sellers Rank: #2,200,998 in Books (See Top 100 in Books) #39 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Spinal Cord Injuries #1380 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #1812 in Books > Biographies & Memoirs > Specific Groups > Special Needs

## Customer Reviews

How I Roll by Bryant Neville Jr. is NOT the kind of book I normally pick to read. But I noted it on one of the Top 100 Kindle lists for inspirational books and decided to give it a try. I'm so glad that I did. I was inspired by Bryant's true life story of how he has faced his disability head-on, from the young age of 17, when he was involved in a car accident to the present day, at age 47. I learned a LOT about the reality of what it means to live life in a wheelchair and how a person with a disability like this must learn to adapt to so many "givens" that we take for granted, like going to the bathroom, bathing, showering... etc, are now dealt with. Although I'm rather a squeamish person, I did not find

these references gross or anything like that. I thought the book was well written, in a realistic but still for the most part, sensitive way. Bryant has an incredible family who really helped him to get to where he has in life, in spite of his disability. I was touched by the love that he conveyed for all the people who are close to him, including many friends who stuck by him, through the years. In that respect, Bryant is blessed so much more, than many people in similar circumstances. There was only one sentence that I found a bit surprising and insensitive and this was not in relation to Bryant's injury. It was in reference to a weekend at the Daytona 500 when one of the drivers was tragically killed in a race. When asked by a friend after the weekend was over, how things had gone and if he had HAD FUN, Bryant replied: "Absolutely! The seats were amazing and everyone had a blast." Wow, that didn't sound right and it bothered me, reading this. My husband also read this and said the same thing.

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